

# Clinician Tip Sheet



1

Inform the patient they will use IncludeHealth



2

Make sure the patient has access to a mobile phone, laptop or tablet

**Note:** If a patient does not have access to an appropriate device, a PDF version of the plan can be given to the patient.

3

Create an HEP by visiting [app.includehealth.com](http://app.includehealth.com).

4

Include an outcome survey or functional test in the IncludeHealth HEP

5

Let the patient know that some exercises will record video and measure movement so the PT can review them if needed

## What the Patient Should Expect Next

- A welcome email with link to login as soon as you create the HEP
- An automated text message requesting permission to send them check-in updates
- A courtesy call from IncludeHealth Customer Support within 24-48 hours to assist with setup

## Need assistance?

### We're here to help!

Reach out to us directly or visit our help desk for tips and guides.

 [www.support.includehealth.com](http://www.support.includehealth.com)

 [customersupport@includehealth.com](mailto:customersupport@includehealth.com)

 888.599.5585